

Breakout Sessions Sunday, August 8th

11:30am – 11:55am.....*Introduction to Reiki*, explore your energy with Leann Larsson & Lotus Journeys

12:00pm – 12:25pm.....*Giving your body what it needs*, learn how you can get the same nutrition as 100 vegetarian Subway Subs in one shake, & safe cleansing on a cellular level, with Nancy Dahlke & Isagenix

12:30pm – 12:55pm.....*Musical talents in the Native American Arts* with Dennis Hawk & Hawk Sounds Inc.

1pm – 1:25pm.....*Nutrition with Nutrition Consultant* Bernie Rosen PhD, RYT & Rosen Wellness

1:30pm – 1:55pm.....*Crystal Awareness, transformational Properties of gems & minerals* with Diane Bloom of Free Spirit Crystals

2pm – 2:25pm.....*Arbonne Skin Care based on botanical principles* with Heather Zvara, Arbonne Consultant

2:30pm - 2:55pm.....*Informational Meeting about Teacher Trainings at Copper Tree: Yoga, Pilates, Core Foundations, Bender Ball* with Hope Zvara E-RYT500, CPT, Master Trainer, Owner of Copper Tree

3pm – 3:30p.....*HEART and Higher Brain Living*, making sustainable changes in peoples' lives and lifting up humanity to further our enlightenment with Ann Bell DC of A Natural Way Chiropractics

Breakout sessions are on a first come first serve basis!

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